

Breaking through Barriers

for Women and Girls

American Association of University Women – Austin Branch
January 2011 Volume LXXVIV Number 1

JANUARY ACTIVITIES

Jan. 3 – Contemporary Literature at North Village BL, 2505 Steck (Note: One-time venue change). 7:15 p.m. *Alice: Alice Roosevelt Longworth, from White House Princess to Washington Power Broker* by Stacy Cordery. Discussion leader: Dorothy Vance. Co-chairs: Fern Chester (345-1102) & Dorothea Berasley (343-0370).

Jan. 7 – First Friday Book Review at Hyde Park Church of Christ, 43rd & Ave. B. 10 a.m. *Crow in the House, Wolf at the Door; a memoir* by Frances & Katy Nail. Reviewed by Evelyn Boyer. Hostesses: Angie Clark & Janie Patterson. Chair: Natalie Balden (288-7748).

Jan. 8 – Branch meeting & lunch at Wyndham Hotel, 3401 IH35 & Woodward St., 10:15 a.m. Presenters: Barbara Allen Wedel & Lauren Barrett, authors of Elder Care; Giving and Receiving. Registration: 9:45 a.m.

Jan. 11 – Books & Brunch Southwest with hostess & facilitator Sylvia Garcia, 6403 Dunsmere, 78749.10:30 a.m. *On Gold Mountain* by Lisa See. RSVP: Marsha Endahl Kramer (906-2033 [h] and/or 906-6566).

Jan. 11 – Classic Book Study Group at Ralph Yarborough BL. 7 p.m. *East of Eden* by John Steinbeck. Discussion leader: Mary Zeitler. Chair: Evelyn Boyer, (836-1492).

Jan. 11 – Mah-Jongg. 7:00 p.m. 7920 Mesa Trails Cove. Ann Berasley (837-2250) or Janie Patterson (343-3058).

Jan. 12 – Second Wednesday Bridge. 4 p.m. Call Judy Reinhart (345-5936) for more information.

Jan. 18 – Light Cuisine—Out to Lunch. 11 a.m. Olive Garden, 8833 Burnet Rd. Hostess: Nancy Myers, (338-43350. Bring your favorite light recipe or article to share and enjoy not cooking. Chair: Veronica Johnson, (338-1254).

EFFECTIVE CARE: GIVING AND RECEIVING

Former First Lady Rosalynn Carter famously said, "There are four kinds of people in the world: those who have been caregivers; those who currently are caregivers; those who will be caregivers; and those who will need caregivers."

Our January 8 program presenters will address "Effective Care: Giving and Receiving" from the points of view of primary caregiver, secondary caregiver, and recipient of caregiving. We will take away from this presentation an informed understanding of the different roles in the caregiving equation and how to be the most effective in whichever role we find ourselves. Branch member Barbara Allen Wedel, a psychologist with a degree from Case Western Reserve University, worked at the Louisiana State Hospital for five years and then taught psychology at Louisiana State University Alexandria for twenty-eight years. Lauren Barrett, a graduate of Virginia Tech in biology, worked as a lab assistant until she began caregiving. Barbara and Lauren became acquainted when Lauren was caregiver for Barbara's late husband for the last ten years of his life. Their book, *Effective Elder Caregiving*, first published in 2006, was the outgrowth of a journal article written by Barbara several years previously.

Barbara and Lauren have presented to nursing groups, eldercare services, at the Woman's Book Store, and on the radio. The second edition of their book will be available at the January program at special price for AAUW of \$13.00 + \$1.00 tax for a total of \$14.00. The new book includes a supplement written by Barbara from the dual perspective of retired psychologist and a recipient of caregiving for the past two years.

The menu for the January luncheon is chicken Caesar salad, rolls & butter, chef's choice dessert, iced tea, regular and decaffeinated coffee and hot tea. The cost is \$20 for a timely reservation with payment to be made the day of the luncheon; a check is preferred or you need to have the correct change. The Branch must pay for all reservations made, so a member who does not keep a reservation or make a timely cancellation will be billed for the full cost of the luncheon. If a member arrives without a reservation and expects to eat lunch, the cost of the meal is \$30. In this situation, please check in with **Sylvia Gregory** (reservations) and **Inés Garcia** (treasurer) at the registration table to determine availability and to make payment; do not approach hotel staff directly as this is a business transaction to be handled by the treasurer.

By the 6 p.m. Wednesday deadline, **Sylvia** also needs to know if you are attending the program but not staying for lunch, the name of any visitors you are bringing even if they are not making a lunch reservation, or if your luncheon reservation has any special dietary requirements such as a vegetarian meal. If you are attending the program and business meeting only, look for the table with the sign "Reserved for those not staying for lunch."

JANUARY ACTIVITIES (continued)

Jan. 18 – AAUW (Action, Armchair, Unparalleled, & Wannabe) Travelers. North Village BL, 2-3:30 p.m. (Note: date & venue change for January only) "Historic Ethiopia" by M. E. Scribner. Co-chairs: Mary Ellen Scribner (255-8428); Adrian McCulloch (820-1917).

Jan. 19 – Creative Stitchery. Hostess: Gail Simpler (834-9481) & co-hostess Adrian McCulloch (820-1917) Chair: Dorothea Berasley, (343-0370).

Jan. 20 – Culture & Cuisine with Marsha Endahl Kramer, 6907 Telluride Trail, 78749 (906-2033 [h] and/or 906-6566). Cohostess: Inés Garcia. "Another Taste of Italy." We will meet at 6:30 p.m. The deadline for reservations is January 17th.

Jan. 22 – PEARS. Guitar concert at 7:30 p.m. at Northwest Hills United Methodist Church, 7050 Center Drive. (Across the street from Old Quarry Library and HEB off Far West). Plenty of parking at HEB lot. Meet in the lobby of the church. RSVP: Natalie Balden, 466-7362.

Jan. 25 – Mah-Jongg. 7: 00 p.m. 7920 Mesa Trails Cove, Ann Berasley (837-2250) or Janie Patterson (343-3058).

Jan. 26 – Fourth Wednesday Bridge. 4 p.m. Call Sarah Ezell (343-8394) for more information; hostess & location change monthly.



Jan. 26 – Art Tour Group. 10 a.m. Hostess: Nancy Myers. O Henry Museum and Susanna Dickinson House. 409 E. 5th Street. Admission is free; donations appreciated. Optional lunch afterwards at Moonshine. Chair: Diane Brewer, (328-0474).

Every Thursday – Bridge at the Senior Activity Center. 9:30 a.m.-12 noon. Call Dorothy Ramsey (442-3841) for more information.

MAINSPRING SCHOOL WILL BE SITE OF FEBRUARY BRANCH MEETING

Nancy Myers, February program coordinator, has announced that we will have our second "off-site" meeting of the year at the Mainspring School campus in south Austin. Directions and reservation information will be published in the February newsletter.

In the meantime, you are no doubt aware that the Austin Branch established the Austin Nursery School (now Mainspring School) in 1941. Although we are no longer responsible for funding the school, our



association with it is long and enduring. We have had a liaison with the school for many years; Mary Ellen Sims served for a number of years in the position currently filled by Betty Owens. These women have been very faithful in maintaining an active dialogue with the director and informing the Branch of the work and activities of the school.

The theme of the February meeting will be Mainspring Shower. Branch members are asked to shower the school with donations of items on the school's "wish list." Of course, cash donations will also be welcome. If you are unable to attend in February but still wish to make a donation from the "wish list," you may bring the items to the January meeting; either Betty Owens or Nancy Myers will be glad to hold them until the February meeting. The "wish list" includes:

- ♥ Batteries (AAA, AA, C, D)
- Clear contact paper (to laminate teaching supplies)
- Dry erase markers
- Regular markers
- ♥ Underwear, size 2T-6
- Unisex shorts and pants (for use in case of accidents)
- ♥ 3 plastic cutting boards
- Cans of coffee for teachers
- Grocery store gift card for purchasing milk to go with lunches
- Unscented diaper wipes
- CD player
- ♥ Recycled grocery store plastic sacks (for diaper disposal)
- **♥** Toilet paper rolls
- ♥ Plants during appropriate months, vegetable starts, flowers
- ♥ Gardening supplies: soil, spades, etc.

Branch Communications Contacts

Communications & Reservations Coordinator: **Sylvia Gregory** – (345.3420 - aauw.satgreg@yahoo.com)

Communications Advisor: **Dorothea Berasley** – (343.0370 - aauwaustin@sbcglobal.net)

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Newsletter Editor: **Mary Ellen Scribner** – (255.8428) – mescribner@alumni.utexas.net - The newsletter deadline is 9 a.m. on the 20th of the month.

LOOKING AHEAD

March 21, 2011 – Day trip to Schulenburg to tour Central Texas's famous "Painted Churches" with the AAUW Travelers Study Group. The cost will be between \$15 and \$20 plus whatever you want to spend for lunch.





Friends and spouses of AAUW members are welcome to participate in this particular event—attempts to recruit new members will be made as appropriate from these guests! Wildflowers should be an added attraction by this late March date. Contact Raemar Shown (258-1069) for more information or to make a reservation.

You can learn more about the churches on the KLRU website: http://www.klru.org/paintedchurches/index.html

March 26, 2011 – Girls in STEM Conference (Girlstart's unique Expanding Your Horizons conference) at the UT Teaching Center. Contact Adrian McCulloch to volunteer (820.1917 – adrian.mcculloch@gmail.com).

April 2, 2011 – "Global-Local Partnerships for the 21st Century: A UN Collaborative," sponsored by The Committee on Teaching About the United Nations and The Delta Kappa Gamma Society International. Contact Elizabeth Newell to volunteer (345.1686 – enewell4@austin.rr.com).

June 16-19, 2011 – 2011 Annual AAUW National Conference. Renaissance Hotel, Washington, D.C. Learn more at www.aauw.org.

MEMBERSHIP NOTES

Submitted by Marsha Endahl Kramer, Membership VP

Have you checked out the AAUW.org web site lately? Fill in your member # and click on Member Benefits. You can find everything from "Member benefits" to early registration discounts for the National Convention. Several of us will be attending (June 16-19th, 2011), and I would love to hear from you. Let's plan ahead and keep up to date on convention issues. If you need help locating your member ID number, I can help you though the process. There is also a photography contest in progress so if you have such interests or skills, I encourage you to enter at least once! The "theme" is showing your branch in action for "Breaking Barriers."

Are you facing employment challenges, searching for a job, or want a career change? AAUW partners with Career Builders job boards and collegiate job boards that list thousands of jobs available to you! Once again we are being urged to use our networks and links to reach our dreams!

The Career and Special Interest Section of the Yearbook experienced a glitch recently, and we need a volunteer or two to input the data we already have to create an easily readable PDF addendum to our official yearbook. The volunteer who was going to this tackle important job has been unable to begin, and to be honest, the data has been slow coming in. Once the data is in, keeping it updated will be relatively easy, but we are operating from an old system and need to upgrade and standardize our information. What we have learned from the process so far is that a majority of our members have led fascinating lives. Some have invented, designed, led, supervised, traveled, created and taught, produced, nursed, and had the ability to balance busy lives with family and community responsibilities. The connections we can provide with this document would make it easier for members to sell their books, find a doctor, or perhaps read about problems being solved by non-profits directed by our members. When you see what our Austin Branch members have done, you too will be awed! If you have not yet been contacted by the Membership Committee, please contact me and I will remind them of your willingness to fill out and send in the membership form.

Next year will be AAUW's 130th year celebration. We will be hearing more details about membership incentives, but the first will be that every member who recruits a new member will have her name put in a drawing for a fully paid convention registration. Graduate students will be able to join for an \$18.81 national fee (down from \$49) plus their state and branch fees--a real



bargain! When you speak about the benefits of AAUW, don't forget the member discounts but most importantly, point out the opportunity to network with educated, bright, thinking women who share beliefs that we can continue to break barriers at work, in school, and on the home front. If you'd like more information now please contact Marsha Endahl Kramer [(512) 906-2033 or HughMarsha@aol.com].

New Branch member Julie Schneider and future AAUW member Jessie Schneider enjoy the holiday open house

held December 5 at the home--beautifully decorated for the holidays--of Inés Garcia.

BRANCH BULLETIN BOARD

Correction to Girlstart Article in December Newsletter

I was incorrect when I stated in last month's newsletter that Girlstart has "severed its ties with EYH. I misunderstood when Dr. Hudgin's was explaining why the March 26 conference for girls at UT would be called "Girls in STEM" this year. I apologize for the confusion; please read Tamara's e-mail below for clarification.

Mary Ellen Scribner

From: Tamara Hudgins < tamara@girlstart.org> Subject: Re: question about EYH

Hi there.

But we have NOT severed any ties to the EYH, we are still just as much a part of the EYH network. We've just changed the name. Sigh. I know it seems complex, but we just wanted to be clear in the name what it is that we are doing, and some members of the community don't know EYH or what it means. Girls in STEM is simply more specifically descriptive of what it is. And we are still calling it "Part of the Expanding Your Horizons Network" in all of our materials. We do not want to sever any ties with EYH national! We love collaborating.

Thanks, Tamara





Wrap of Gift Wrapping Project at Barnes & Noble

Gail Simpler and Anita Knight, AAUW Funds Co-Chairs, had the Branch bank account in mind when they arranged for Branch members to wrap gifts at Barnes & Noble on three prime December holiday shopping days. The efforts of the six teams resulted in \$164.00 for the Branch treasury, many opportunities to pitch AAUW membership, and a good time for members visiting with each other and the holiday shoppers. Wrapping gifts on December 8 were Sylvia Garcia, Ines Garcia, Veronica Johnson, and Anneliese Ellerton. On December 12 Janie Maldonado, Gail Simpler, Adrian McCulloch, Mary Ellen Scribner, and Dorothy Vance did the wrapping.



The most remunerative day of all was December 20 when the wrappers were Judy Reinhart, Gayle Smith, Kay Watson, Elizabeth Newell, and Sue Worden who was in town for the holidays from Virginia where she lives and works these days—but nevertheless remaining an Austin Branch member!



LAF Express

Case Support - The AAUW Board of Directors voted to approve \$3,000 in funding to *Lulu Sun v. University of Massachusetts, Dartmouth.* Lulu Sun has alleged sex and race discrimination in the promotion process at UMass Dartmouth throughout the institution. The public hearing was held December 6–10, and the outcome of the hearing will be announced in a few weeks.

On December 6, the <u>U.S. Supreme Court agreed</u> to decide whether 1.5 million female employees of Wal-Mart can pursue job discrimination claims in one suit or whether they'll have to split up and file against individual stores. The case—the largest employment class-action suit in the nation's history—will be argued in early 2011 and will set an important precedent. For this reason, AAUW is in communication with the case's lead lawyers about opportunities to offer financial support to the plaintiffs and to sign an amicus brief to put our organizational support behind them.

Case Support Travel Grants - The AAUW Legal Advocacy Fund awarded Case Support Travel Grants to AAUW of Florida, AAUW of Kentucky, and AAUW of Minnesota so that LAF-supported plaintiffs or their lawyers can attend spring state conventions to talk about their cases.

Title IX Compliance

Recently a dozen <u>Title IX complaints</u> were filed against high schools across the country, alleging that the schools aren't providing equal opportunities to girls and are violating Title IX. AAUW is very involved in the effort to help high schools reach the goal of Title IX compliance in athletics through community activism. LAF's <u>Title IX Compliance: Know the Score program provides members with materials about Title IX, high school athletics, and resources to help members find out if schools in their community are in compliance with the law. <u>Get involved</u> and help improve girls' opportunities to play sports.</u>



Condolences

Condolences to Rosemary Morrow on the death of her sister Patsy on December 15. Patsy was the second of Rosemary's sisters to pass away this year; our greatest sympathy goes to Rosemary and her family in the face of so much loss.

DECEMBER PHOTO ROUNDUP







New members Brenda Hahne & Julie Schneider (Open House)













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*Indicates elected officers: all others are appointed.